



# SANNIHITA GIRLS HOME (STG)

## Newsletter

### JUNE TO NOVEMBER-2018

#### 1.Strength of Children

We have 110 children at present in our home including newly joined 16 children as follow,

(From Right K.Ashwini,K. Arthi, L.Renuka,L.Neelima,L.Ashamma, M.Sridevi, N.Keranmai, M.Sangeetha, B.Sandhaya, M.Archana,SK. Sabha fathima,K. Anjali,K. Harika, P.Lathika,P. Anitha,K. Pavani)



#### (b) Educational status:-2018-2019

S.NO	CLASS	STRENGTH
1	1 <sup>st</sup>	01
2	2 <sup>nd</sup>	03

3	3 <sup>rd</sup>	07
4	4 <sup>th</sup>	16
5	5 <sup>th</sup>	06
6	6 <sup>th</sup>	11
7	7 <sup>th</sup>	10
8	8 <sup>th</sup>	13
9	9 <sup>th</sup>	08
10	10 <sup>th</sup>	16
11	Inter 1 <sup>st</sup> year	07
12	Inter 2 <sup>nd</sup> Year	10
13	Degree 1 <sup>st</sup> Year	01
14	Degree 3 <sup>rd</sup> Year	01
	Total	110

### Health Status:

**Growth monitoring with BMI status:** We accessed children height and weight last month and found everyone keeping healthy weight.

**The Menu** - Chapathi, Idly, Vada, Poori, Bambino, Wheat Powder, Murmuralu, Beatrice, are fried and cooked to serve. Milk and egg is given as combination in combination. Sometimes items like kichidi, pulihora, Dosa (rice floor), Bonda (roles with dough) are made with rice.



**Lunch:** In a month we serve chicken is served 3 to 4 times, especially on Sunday. On Holidays children are served Veg biryani or any special item from rice.

**Snack** is served after the school hours, around 4.30pm with seasonal fruits Oranges, Guava, Apples and pomegranate is preferred for nutritional values. Children come with surprises for snack and dinner. We want to surprise them with special food like sweets, sprouts, Rajmah and other items like bread and jam.

**Dinner** mostly they serve with items like Sambar, Rasam, Or Dal made with leafy vegetables. Curry and thick soup is made with eggs. We serve curd on special occasions. Our manager, Food committee children and Home mothers make sure that the balanced food is served for the children.

### Nutrition:

Sony class 4<sup>th</sup> child was given Special diet as she was very weak and weight is low. She frequently is taken to her home to her mother (at huts in Film Nagar (near Sun City), She does not have father (died). Her mother goes to work in a company and she is left alone there. But she visits and frequently takes girl and when the girl returns the child

comes with lot of problems. So we have to frequently watch her health. We make sure that she gets proper food.

We are happy to share that Nandini previously malnourished child moved to general category and presently there are no girls in malnourished category except Sony.

**Health camps:** -Dental camp conducted by Malla Reddy Institute on 28.8.2018 wherein cleaning of teeth, treating decayed teeth and filling cement to the problematic children was done. Filling was done to Triveni, Sandhya, and Archan Yaumna Sabitha.

General health Camp was conducted by Government Hospital Lalapet. Dr. Srivani and her team on October-24.10.2018. Checked all children gave medicine to the sick children. Eye camp was conducted by UIEHCC and Medicare Hospital Upal on 9.10.2018 in our home. Children detected sight problem are K.Anitha, Archana, Sony, Nandhini who were given spectacles.



## 2. Activities

### (a) Educational activities

#### Education: Bridge Course

Out of 16 new joined, 3 children were in the age group of 6 years. Bridge course was given to 5 children for 3 months and were mainstreamed. Bridge course is giving by Sravanthi and Kalavathi Teachers.

**Remedial Tuition.** - Time is 4.30 to 6.30. Anita and Navya, Kalavathi, and Sravanthi take care of the remedial needs. Impact is that the slow learners namely Ashamma and Renuka, Sabha Fathima and Pavani improved. Special teacher Sandhya takes tuition weekly once. She works with students who are slow and does not come out easily.

**Computer Skills:-** We have sent 6 adolescent children for computer course namely Preethi, Rani sailikitha, sarala, shivani, Shilaja at say computer institute Ameerpet. They learnt Ms Office Basic course and received certificates which are recognized by the government.

**Life skills:** Children get life skills training in the home by our staff and life skill expert Kalavathi vijaya Sravanthi and Rajeshwari. The topics covered were June to November 1. Life of River

2. I, me, myself

3. When I am at 60

4. Bhavana Bazer

The impact of the programme is children developed leadership qualities

Bridge course Remedial classes      Computer coaching      Life skills



**(b) Nutrition and Health care:**The Menu - Chapathi, Idly, Vada, Poori, Bambino,Wheat Powder, Murmuralu, Beatrice, are fried and cooked to serve are breakfast. Milk and eggs is given as combination.Sometimes items like kichidi, pulihora are given.

**Vegetarians and Non vegetarians:**We serve non veg foodfor children3 to 4 times in a month. On Holidays non vegetarianeating children are served Biryani and and Veg biryani is served for vegetarians

Menu				
Day	Break fast	Lunch	Snacks	Dinner
<b>Sunday</b>	Poori/ Chapathi/	Chicken (1 <sup>st</sup> ,3 <sup>rd</sup> weeks) (2 <sup>nd</sup> ,4 <sup>th</sup> weeks)	Fruits/Milk/ Biscuit	Rice, Sambar, Papda,
<b>Monday</b>	Pulihora	Veg curry, Rice	Pearl/Milk	Veg Curry, Rasam, Rice
<b>Tuesday</b>	Susheeela,	Chutney, Rasam, Rice	Fruits, Banana/Milk	Egg, Rasam, Rice, Curd
<b>Wednesday</b>	Idly/ Chapathi	Sambar, , Rice , Papa	Atukulu /Milk	Veg curry, Curd, Rice
<b>Thursday</b>	Kichidi	Egg curry,, Rasam, Rice	Sweet	Dal, Rice, vegetable curry
<b>Friday</b>	Babinoo/ Milk	Rice, Sambar , Chutney	Bembarlu/Milk	Egg curry, Rice &
<b>Saturday</b>	Rice items, snack/ Boiled Egg/ Milk	Veg curry, Rice	Guava/ Apple/Custard Apple/Milk	Sambar, Rice Papaya, Butte Milk



### (C) Extracurricular Activities

a) **Sports:**Kho-Kho,Kabadi, and Horse Riding:Let's know what these children have achieved. From right Manisha in 8<sup>th</sup> class have gone for the Horse Riding coaching and won Certificate at District level competition at LB Stadium. Supriya 9<sup>th</sup>class and Anita 9<sup>th</sup> class have taken for sports meet. These two girls have won second prize in Kabadi and Kho Kho.



b) **Art & Craft:** Triveni 10<sup>th</sup>, Parvathi 6<sup>th</sup>, Radhika 6<sup>th</sup>, and Sandhya like to teach art to primary children. They are interested in learning. Saraswathi, 10<sup>th</sup> class is enthusiast to learn Craft and like to teach her skill to everyone. She prepared paper bags around 50 to distribute them in the neighborhood. Children are preparing bangles, and bracelets, anklets and Rings.



C) **Cultural activities:** children have participated in 14<sup>th</sup> November children's day, in Ravindra bhārathi.

(d) **Children's Participation and leadership:** Children have lots of platforms, and opportunities to explore, their leadership qualities.



Their talents are honed by involving them in discussions in our home, Ex., Mock Assembly which is conducted by the elder children

(e) **Celebration and festivals:**



The above pictures displays and briefs various festivals conducted in our home. From Right, on 15<sup>th</sup> August our freedom day, Raksha Bandhan was Celebrated on August 26<sup>th</sup>, Krishnashnashtami was conducted to celebrate Birth day of Lord Krishna on September 3<sup>rd</sup>, September 13<sup>th</sup> Vigneshwara festival to request the God who is believed to be given blessings and offers Teachers Day on September 5<sup>th</sup> when children take role as teachers in memory of Dr. Sarvepally Radha Krishna, Batukamma was celebrated on October 11<sup>th</sup>, Nov 7<sup>th</sup>.we celebrated Diwali which is a representation of wisdom, where the darkness is thrown out of our lives and light is celebrated. We celebrate festivals to make children engaged in activities, and culture and thereby relish special food, new dresses, lot of happiness, and knowledge on celebrations and their significance.

(f) **Engagement with families:** This program is very important, because this is an interaction with guardians or those helpless parents, to exchange issues, and concerns of children and vice versa. This is also to make guardians understand the value of children's care and protection, and about education being imparted to their wards which can change the lives of children. Also we solicit their support in procuring their identity cards (like Ration, Aadhar Card, caste and education certificates, which are essential to give them an identity and related benefit like a seat in course/college or a job.



**(G) Older Girls-Futures program:** The programs and interaction with these children are must and happens at various levels. The children need a lot of motivation and care. 6 Children went for Udaan program in August in Yarkad. They are given training by Harsh Pappa on the future issues of children and enabled them to deal with them and cope up with the challenges. Our director Usha Rani and team Kalavathi, Kusuma, Vijaya and mentors from our visitors, like Asha, Priyanka, and Ms. Nirmala the head Mistress are the main follows up persons of these elder children, on all aspects like their ideas, actions and education.



Five young adults participated in Udaan programme conducted towards betterment development growth for elder children it's an interactive self-reflective programme to know about themselves and their future. This gives confidence children and the result are shown to us elder children willing to go out from the home to explore their opportunity within their limits.

### **(H) Outings**

1. Children went to Warangal for outing on 14.7.2018 children enjoyed the trip.
2. Children went to Inorbit mall on 21.9.2018 to attend the award function at Inorbit mall sponsored by 93.5 fm radio as a mark of appreciation of Sannihita's contribution towards girl children rights. The award's name is Hyderabad Heros, presented by the commissioner of Cyberabad.
4. Children went to NTR Gardens on 2.10.2018 in Hyderabad.



### **3. Success stories and challenges:**

**a) Success stories of children: S. Sailaja** in Degree first year was in depression and joined in the hospital as she was suffering from adolescent syndrome where she was emotionally upset with her family and undergoing consequences of the same. She was not feeling like eating and became sick. Vijaya Laxmi our health coordinator took her to the hospital. She was in the hospital Yashoda for a week, and was given treatment. Education was also one of her concerns. Now she is going to college, after counseling by management.



**b) J. Chandrakala** 21 years, from our home since 10 years, is now in graduation, doing her Bachelor of Sciences in Gurukulam, college, at Ghatkesar. She went to her village to meet her brother in summer, she was upset because



she was afraid of her identity and entity with her family as her brother got married. Chandrakala has no parents. She falls sick frequently as she has less hemoglobin. She was given medical treatment, food, and counseling. She actually did not inform us about her illness but because of our follow up processes luckily we found about the seriousness of her feeble health. We helped her in her education and exams. She passed her first semester with 90% of marks. The Gurukul college team is happy for our care and her performance.

**c) Challenges:**M. Rani 17 years, is being with Sannihita Rainbow home from the past 10 years. She joined in Intermediate after 10<sup>th</sup>. She took subject MPHWH in Kalam Anji Reddy College. She went only for 3 months and came back. She refused to go to college, even after our repeated requests. So we decided to send her to the computer course. She was given training in computer basic course. She also learnt one month typing course. We pursued her to continue studies. Accordingly, she decided to do CEC (Civics, Economics, and Commerce);she was joined in Kandukuru K.G.B.V for intermediate course. We have given another chance to her. She used the opportunity and continuing well in her studies. Now the feedback from the college is that she is doing the course sincerely and participating actively.



#### **d) Health Emergencies**

D. Divya 7th class suffered from throat ulcers (transils) was operated and now she is doing well. She complained about her pain. We, theSannihita health committee, took her immediately to the Hospital, on Aug 18<sup>th</sup>. She was in the hospital for one week. She became normal after proper treatment and attention.

### **4.Rainbow team**

#### **(a) Staff status -2018-2019**

<b>S.NO</b>	<b>NAMES</b>	<b>DESIGNATIONS</b>
1	V.Usha Rani	Project In charge
2	C.Kusuma	Home management Coordinator
3	D.Chaithanya	Home Manger 1
4	K.Sravanthi	Home manger-2 cum teacher
5	S.Kalavathi	Teacher-1
6	K.Venkatalaxmi	Home Mother cum cook
7	K.Swaroopa	Home Mother-2
8	Agamma	Home Mother-3
9	Sharayya	Security Guard
10	K.Baby jayee	Accountant cum admin
11	C.Rajeshwari	Social Mobilizer
12	Jyothi	Documentation Coordinator
13	SB.Vijayalxmi	Health Coordinator

## **(b) Team trainings**



1. Team went for teacher training at Tranka St. Anns the Training was conducted by RFI the recourse person Ms. Kaumudi on 29.09.2018.

2. Ms. Nirmala, School Head Mistress conducted training on School Management Committee and Primary school children's issues on 08.10.2018. It were very useful.

3. Team went for on documentation -record maintenance, listing, roles and responsibilities of the staff in record keeping conducted by State Office. Resource persons were Mr. Babu and Samad. This helped in reducing the gaps in reporting's and clarified doubts as to filling up registers.

## **(C) One team member sharing of experience**

1. I am chaitanya working in Sannihita home from the past 7 years, Sannihita gave me a lot of scope and opportunity to learn and grow. Because of Sannihita programme and Rainbow home programme, I learnt many skills ex: to deal with guardians of the children who don't encourage children for education and maintaining Public relation. I also learned the management of homes record and its maintenance. I deal with many issues of the home and home team. Our coordinator our home management team and director are very cooperative and very friendly. I feel very happy when I see the success of the children I feel confused when children behave irregularly and create problems. I love children a lot and hence I am continuing for such long time.

## **5. Visitors**

### **(a) Visitors (Donors/Government/Civil society/Volunteers with their views)**

You can witness visitors who generally donate food items, celebrate their special days with the children of sannihita rainbow home. The officials visit us number of times for issuing license.

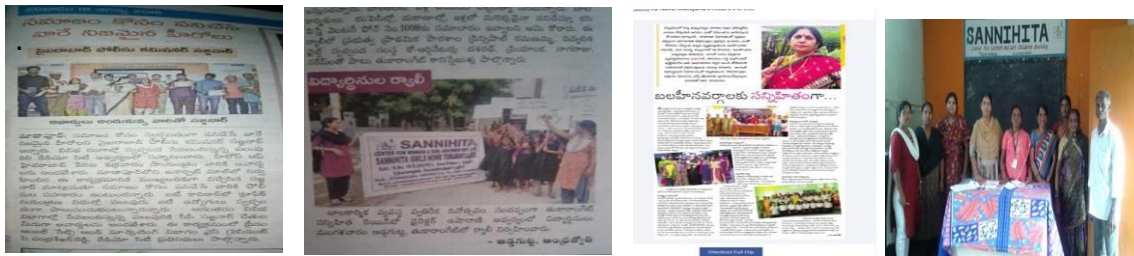
Monitoring of Child care Institutions has now become strict and accurate by the women and child department. The internal monitoring is done by state office. Recently Partnership foundation team, Ms. LOES, Ms. Veronica, Thai, Antoinette, along with RFI, Executive Director Anuradha and team visited which gave us a lot of confidence and wonderful experience. Civil supplies officer visited our homes to monitor the rice consumption. These visits make us feel responsible and keep us alert.





**(b) Mass Media** – Our programs are covered in mass media and also in you tube channel.

- The campaign against child labor was conducted by Sannihita RBH at Tukaram gate area.
- The Hyderabad Heroes award was given to Usha Rani. V. for doing program for children care institution on August 18 at Inorbit by Radio City channel.
- Sannihita Organization’s work, along with the Director’s contribution is covered in the page Nava Telangana daily news paper.
- The Child welfare committee team has come for inspection.



**(c) Local Contributions:** Local contribution includes volunteers, who come for teaching, food providers, and care givers. As per the estimation, we have reached the civil society contributions as per our own targets.



**\*\*\* THANKYOU DEAR SPONSORS \*\*\*\***



**V. Usha Rani**  
 Project In-charge, Sannihita Girls Home, Tukaramgate  
 Director, Sannihita Center for Women and Girl Children Society.