



# SANNIHITA GIRLS HOME (SPL)

## Newsletter

### JUNE TO NOVEMBER-2018

#### 1. General status of children

##### (a) Children Status

We have 110 children at present in our home including newly joined 16 children as follow,

(Nandhini, Maheshwari, Jyothi, Sindhuja, Keerthana, Nagalaxmi, V. Nandhini, Pavithra, S. Jyothi, Sai Priyanka, Shachbe, Anuradha, Nandhini, Varsha, Vijaya, Saroja)

We are going to join 10 more girls by the end of the month to make it to the stipulated strength as there are some long absentees and some are on to be closed.



##### (b) Educational status:-2018-2019

S.NO	CLASS	STRENGTH
1	1 <sup>st</sup>	6
2	2 <sup>nd</sup>	8
3	3 <sup>rd</sup>	5
4	4 <sup>th</sup>	3
5	5 <sup>th</sup>	13
6	6 <sup>th</sup>	13
7	7 <sup>th</sup>	14
8	8 <sup>th</sup>	15
9	9 <sup>th</sup>	4
10	10 <sup>th</sup>	10
11	Inter 1 <sup>st</sup> year	7
12	Inter 2 <sup>nd</sup> Year	11
13	Degree 1 <sup>st</sup> Year	1
14	Degree 2 <sup>nd</sup> Year	1
	Total	110

### (C) Health Status:

**Growth monitoring with BMI status:** -The assessment is taken as 8%.



**The Menu** -Chapathi, Idly, Vada, Poori, Bambino, Wheat Powder, Murmuralu, Beatrice, are fried and cooked to serve. Milk and egg is given as combination in combination. Sometimes items like kichidi, pulihora, Dosa (rice floor), Bonda (roles with dough) are made with rice

**Lunch:** In a month we serve chicken is served 3 to 4 times, especially on Sunday. On Holidays children are served Veg biryani or any special item from rice.

**Snack:** is served after the school hours, around 4.30pm with seasonal fruits Oranges, Guava, Apples and pomegranate is preferred for nutritional values. Children come with surprises for snack and dinner. We want to surprise them with special food like sweets, sprouts, Rajmah and other items like bread and jam.

**Dinner:** Mostly they have items like Sambar, Rasam, Or Dal made with leafy vegetables. Curry and Thick soup is made with eggs. We serve cur on special occasions.

Our manager, Food committee children and Home mothers make sure that the balanced food is served for the children.

**Nutrition:**Special diet being given to Mahalaxmi class9<sup>th</sup>who is suffering from excessive bleeding. So we have to frequently watch her health. We make sure that she gets proper food. Malnourished child moved to general category are two; Shirisha, Yellama. Presently there are no girls suffering from Malnourishment.



### **Health camps:-**

Dr. Sarita took the session on first aid, 1.10.18 in our home Gayatri from Udan child, Lalita, Anusha and Sai Priya are first Aid care takers. Sai Priya takes care of the first aid. Children when sick are taken to Sree Clinic at General Bazar for treatment.

### **Health Camps:**

General Checkups 3 were done for our children.

Remarks: The average numbers of children are in good health, no major diseases, few children have skin allergies.

Dental Camps: Two dental camps were conducted. New children have been identified with tooth decay. They were taken to the MallareddyDental Institute on 28.8.2018. They were given



treatment, - Scaling was done, Decay of teeth were cleaned for 8 children and filled with cement.

Eye Camp: 9.10.2018 Conducted by UIEHCC (Uppal Industrial employees health care center)

### Health Emergency

Indumathi came back from the camp and got skin allergy which is repeating. We are giving her treatment. She is continuing with regular follow up in the clinic, and private hospital also near paradise, skin specialist.



We took Indumathi for the overall counseling as she developed confusion about her gender which is becoming a cause of concern. She is taken to Asha Hospital for skin allergy and was treated. She was taken to Child Welfare Committee for counseling on sexuality. It's in the observation.

## 2. Activities

### (a) Educational activities

**Education:** Bridge Course

Out of 16 newly joined, 7 children were given bridge course and were mainstreamed. Bridge course is giving by Kiran, Veena and Vasundara Teachers gave Bridge course.

**Remedial Classes.** – Its time is 4.30 to 6.30. Akansha and Kiran, Vasundhura, and Veena take care of the remedial needs. Impact is that the slow learners have improved. Children namely Tulasi, Laxmi, Shirisha, Pooja, and Viashnavi improved. Special teacher Mr. Krishna takes tuition weekly once. He works with students who slow learners are numbering 5.

**Computer Skills:-** 9 children completed their computer course for 3 months namely Kavya, Divya, Indhumathi, Savitha, V, Savitha, Roja, Boomika, Komala, Gyathiri who have aptitude for learning at say computer institute Ameerpet every Sunday. They learnt MS Office basic course. Children received certificates the institute is recognized by the government. They in turn teach the younger ones and help in project work.

### Life skills:

Children get life skills training in the home by our staff and life skill expert's Kalavathi Vijaya Sravanthi and Rajeshwari. The topics covered were as follow,

- ❖ River of life,
- ❖ I me myself,
- ❖ When I am 60,
- ❖ Bhavana Bazer

The impact of the programme is children developed in their leadership qualities

Bridge course



Remedial tuition



Computer coaching



Life skills





**(b) Nutrition and Health care:**The Menu - Chapathi, Idly, Vada, Poori, Bambino, Wheat Powder, Murmuralu, Beatrice, are fried and cooked to serve are breakfast. Milk and eggs is given as combination. Sometimes items like kichidi, pulihora are given .Seasonal fruits like Oranges, and Guava Apples and pomegranate are preferred for nutritional values. For Dinner mostly they have items like Sambar, Rasam, Or Dal made with leafy vegetables. Curd is served in dinner. Curry and Thick soup is made with eggs.Our manager, Food committee children and Home mothers make sure that the balanced diet is maintained.



**(C) Extracurricular Activities**

**Sports:**Chess and athletic : Sai Priya(chess) in 9<sup>th</sup> class Sai Priya won national level competition held by inter school in Bhubaneswar in the state of Odisha Government she has won 2<sup>nd</sup> prize. We are promoting her and she loves to play chess. D.Madhu and G.Anitha(Athletic) of 6<sup>th</sup> class have won medal in running race, the programme conducted by government school kalasiguda.



a) **Art & Craft :** Harika 10<sup>th</sup>, Divya Inter 2<sup>nd</sup> year, Ramya 1<sup>st</sup> year Kavitha 8<sup>th</sup>

**Art and Craft:**Swapana and Divyaof Inter 2<sup>nd</sup>year areenthusiast to learn Craft and like to teach her skill to everyone. Both loves to do craft work. Swapna loves to do her art she shown her skill in bangle making and bracelets, anklets and Rings



**C) Cultural activities:** children have participated in 14<sup>th</sup> November children's day, in Ravindra bhārathi. Conducted by Women and child welfare department, all government officials attend this programme. Our children from all Rainbow Homes have participated in this programme



**(d) Children Participation and leadership:** Sannihita Girls home at parkalne has been offered various programs by enthusiast well-wisher of our children. Children are very keen about programs organized by homemanagement.

We encourage children that the balasabha discuss not only their issues but also the issues of home like mother absent or security in leave. The Children committee leaders along with staff discuss and conduct Programmes i.e. purchasing of vegetable taking young children hospital serving food the children.

**(e) Celebration and festivals:**



The above pictures displays and briefs various festivals conducted in our home. From Right, on 15<sup>th</sup> August our freedom day, Raksha Bandhan was Celebrated on August 26<sup>th</sup>, Krishnashnashtami was conducted to celebrate Birth day of Lord Krishna on September 3<sup>rd</sup>, September 13<sup>th</sup> Vigneshwara festival to request the God who is believed to be given blessings and offers Teachers Day on September 5<sup>th</sup> when children take role as teachers in memory of Dr. Sarvepally Radha Krishna, Batukamma was celebrated on October 11<sup>th</sup>, Nov 7<sup>th</sup> .we celebrated Diwali which is a representation of wisdom, where the darkness is thrown out of our lives and light is celebrated. We celebrate festivals to make children engaged in activities, and culture and thereby relish special food, new dresses, lot of happiness, and knowledge on celebrations and their significance.

**(f) Engagement with families:** This program is very important, because this is an interaction with guardians or those helpless parents, to exchange issues, and concerns of children and vice versa. This is also to make guardians understand the value of children's care and protection, and about education being imparted to their wards which can change the lives of children. We admonish them not to disturb during school days and also not to resort to child marriages. Also we solicit their support in





procuring their identity cards (like Ration, Aadhar Card, caste and education certificates, which are essential to give them an identity and related benefit like a seat in course/college or a job.

**(G) Older Girls Futures:** The programs and interaction with these children are must and happens at various levels. These children need a lot of motivation and care. 4 Children went for Udaan program in August in Yercaud. They are given training by Harsh Pappa on the future issues of children and enabled them to deal with them and cope up with the adolescent challenges. Our director Usha Rani and team Veena, Vasundara do follow up at every step. Paravthi education Coordinator accompanied them to Yercaud.



Four young adults participated in Udaan programme conducted towards betterment development growth for elder children it's an interactive self-reflective programme to know about themselves and their future. This gave confidence children and the result is shown to us elder children willing to go out from the home to explore their opportunity within their limits.



## (H) Outings



1. Children went to Wargal for outing on 14.7.2018 children enjoyed the trip.They offered poja services to the sarswathi; the goddess of education.2.Children went to 'In orbit mall' on 21.9.2018 to receive the award for working for the girl child namely "Hero Hyderabad "given by FM Radio. It was a proud moment for all children and team

3.Children went to NTR Gardens on 2.10.2018 in Hyderabad. Children have birth day celebration of Mahatma Gandhi.

## 3.Success stories and challenges:

**(a) Success stories of children: P.Debora** in BSC.Nursing Degree 2<sup>nd</sup> year, she came from a crises situationas her parentsare at quarrel and neglected their children. She came to the home 7 yearsand her and is a good behaved child. She is very cooperative and adjusting .She is studious and never had



issues with her studies in spite of odds from families. We see these as a success story because she will be finishing her BSC Nursing in another year.

**b) V. Krishnaveni** is 21 years now; she is there from 3<sup>rd</sup> class onward. 10<sup>th</sup> class from the home after 10<sup>th</sup> she is joined in MPC course in Gurukul Government College at patancheru. She came back from there on the reason of not understanding. She had adverse family environment as her parents are into begging and alcoholic. Meanwhile she joined computer course and did job. Again she decided to study. We encouraged her to join in the vocation course. She got admission in the Pharmacy now she is in 2<sup>nd</sup> year, she will do her graduation in Pharmacy.



**(b) Challenges:** P.Roja 18 years, do not have parents nor guidance she finished her 10<sup>th</sup> class she is not interested in the regular course. Therefore we joined her in Hotel management course. We paid fees but she stopped going to college without informing us on the reason of not understanding English. She stopped going to college. We realized after counseling we are trying to identify her interest and also trying to counsel her.



#### 4. Rainbow team

(a) Staff status -2018-2019

S.NO	NAMES	DESIGNATIONS
1	V.Usha Rani	Project In charge
2	S.Sridevi	Home management Coordinator
3	Savithri(April to October) Sharada from November	Home Manger 1
4	T.Veena	Home manger-2 cum teacher
5	V.Vasundhura	Teacher-1
6	Anjali	Home Mother cum cook
7	Rani	Home Mother-2
8	Raju	Security Guard
9	K.Baby jayee	Accountant cum admin
10	C.Rajeshwari	Social Mobilisier
11	Jyothi	Documentation Coordinator
12	SB.Vijayalxmi	Health Coordinator

(b) Team trainings





1. Team went for teachers training at Tranka St. Anns the Training was conducted by RFI the recourse person Ms. Kaumudion 29.09.2018

2. Team went for training on documentation –record maintenance, listing, roles and responsibilities of the staff conducted by State Office .Resource persons were Mr.Babu and Samad. This helped in reducing the gaps in reporting's and clarified doubts as to filling up registers.

(C) One team member sharing of experience

I, Vijayalaxmi working in Sannihita home from the past 7 years, take care of the Health activities like Health camps,consultation with Doctors, press, record, of the children. I am also good at conducting life skills, soft skill and digital classes. I have thorough understanding of the children of Sannihita.

## 5.Visitors

(a) Visitors (Donors/Government/Civil society/Volunteers with their views)

You can witness visitors who generally donate food items, celebrate their special days with the children. The officials visit us number of times for issuing license.



Monitoring process now is strict and accurate by the women and child department. The monitoring happens from the RFI team. Civil supplies officer visited our homes to monitor rice records and consumption. These visits make us feel responsible and keep us alert.

(b) **Mass Media** – Our programs are covered in mass media and also in you tube channel.

- The campaign against child labor was conducted by Sannihita RH at Tukaram gate area.
- The Hyderabad Heroes award was given to our Director Usha Rani for doing program for vulnerable children on August 18 at 'Inorbit by Radio City channel'.
- Sannihita Organization's work got covered in Nava Telangana daily newspaper.
- The Child welfare Committee team have come for inspection and said all is well. They appreciated Children's talents in Yoga and karate.





**(c) Local Contributions:** Local contribution includes volunteers, who come for teaching, food providers, and care givers. As per the estimation, we have reached the civil society contributions as per targets set.



**\*\*\* THANKYOU DEAR SPONSORS \*\*\*\***

I also thank Partnership Foundation, my Rainbow home team, Ms. Anuradha, and her team Financial Team, Monitoring Team, friends, and our Executive Committee members, CPP Members, Social Audit Group members, Community, neighborhood for their help, School teachers, Civil Society individuals, Groups.



**V. Usha Rani**

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