



## SANNIHITA RAINBOW HOME (STG)

### Newsletter

May 15<sup>th</sup> -2019 NOVEMBER 15<sup>th</sup>2019

#### Strength of Children

We have 125 children at present in our home including 13 newly joined ones. 6 children are closed this year including long absentees thereby allowing accommodation of 10 more girls to make up to stipulated strength.



V. jahnvi



B. jayathi



M. deepika



B. meenakshi



S. nandhini



Sravani



M. ashitha



M. nikshitha



#### Children Health Status:

**Growth monitoring with BMI status:** We accessed children's height and weight on 28.9.2019 and found 6 as underweight and rest of the children are in healthy weight.

**Nutrition Food:-** Our regular food involves nutrition value defiantly which included test. The sambar in our homes his very good as our home mother swaroopa and laxmi make food with interest. They take charge the following of the time table and menu chart.

Food monitoring happens every day by the home team. Once in a week by the in charge. When visitor come to the home for various reason they are encourage monitoring the children and the food.

**Food Committee:** The food committee inspects whether the plate are properly cleaned and the children's are washing their hands before eating.

S.N O	DAYS	BREAKFAST	LUNCH	SNACKS	DINNER
1	SUNDAY	Chapathi /Puri /Milk	Rice, Non-Veg (Chicken, Mutton and Fish)	Attukulu	Sambar, Papucharu, Rice
2	MONDAY	Pulihora / Milk	Rice, Vegetable Curry	Chenagalu	Rice, Egg Curry
3	TUESDAY	Idly Chutny / Milk Fruits/	Rice, Veg Pulusu, Papada	Biscuits and Fruits	Rice, Veg Curry, Rasam
4	WEDNESDAY	Jeera Rice/ Milk Pesarlu	Rice Leafy dal,	Sweet	Rice, Egg Curry, Rasam
5	THURSDAY	Doddu Rava, Milk Fruits/	Rice, Veg Curry, Sambar	Pakodi	Rice, Veg Curry, Papad
6	FRIDAY	Bambino, Milk	Rice, Vegetable curry	Fruit	Rice, Egg Curry, Rasam
7	SATURDAY	Kichidi, Milk	Rice, Leaf dal, Rasam	Murumuralu	Rice, Veg Curry

**Nutrition needed service:** Apart from sunetha s health kaveri health condition also improved. 4 Children are showing under weight and we are on the job providing a special menu to make the balance. The names are Shirisha, Swapna, Sanjana, Sujatha.



**Health camps:** General health camp, Gynecological classes, Menstrual hygiene and first aid training is given by Dr. G. Mohand team from Gandhi Medical college on 2.6.2019 ,Dr.Ashok Kumar form Wockhard on 29.6.2019 , Dr.Madhuri from Addagutta Government Hospital, R. Madhuri MD on 26.6.2019, Dr. Sridhar Medicare Hospital on 2.10.2019 to all children.

Eye Camp was conducted on 02.10.2019 by UIEHCC (Uppal Industrial employee's health care center which is a group of union working on health) by Dr. Shiva and team detected and recommended for two spectacles for two children 1. Muskan 9<sup>th</sup> class 2. Anitha 10<sup>th</sup> class. Spectacles which were provided to them.

Dental camp was conducted on 17.8.2019 by Clove Dental Hospital Dr.Radhika and her team members. Problems identified 2 children need tooth extraction, scaling were done by 4 children. However we noticed that children eat lots of chocolates given by their parent's visitor's guardians in spite of suggesting them to avoid. Because of these reasons children develop tooth decay. We are trying make sure they do brushing two times in a day.



### Educational status: -2018-2019

S.NO	CLASS	Working	STRENGTH
1	1 <sup>st</sup>		03
2	2 <sup>nd</sup>		10
3	3 <sup>rd</sup>		09
4	4 <sup>th</sup>		11
5	5 <sup>th</sup>		19
6	6 <sup>th</sup>		09
7	7 <sup>th</sup>		12
8	8 <sup>th</sup>		09
9	9 <sup>th</sup>		11
10	10 <sup>th</sup>		06
11	Inter 1 <sup>st</sup> year		14
12	Inter 2 <sup>nd</sup> Year		04
13	Degree 1 <sup>st</sup> Year		07
14	Degree 3 <sup>rd</sup> Year		
15	Working	1	1
	Total		125

### Bridge Course

*Deepika and Damayanthi finished the bridge courses and mainstreamed to class 7 and class 6 to High school tukaramgate. Presently 10 children taking bridge course for 3<sup>rd</sup> class to 8<sup>th</sup> class preparing to mainstream.*

**Remedial Tuition.**- Teachers Navya, Anitha, Kalavathi, Chandrakala, Renuka cover the remedial tuition hours 4.30 PM to 7.00 PM. Sandhya volunteer gives motivation to continue the education. We are monitoring by conducting testes once in a fortnight.

**Education Achivments .** 14 children passed 10<sup>th</sup> class and joined in inter 1<sup>st</sup> year, 4 girls passed their inter 1<sup>st</sup> year and contuning their sendound year course.7 girls passed their intermidate 2<sup>nd</sup> year and are admitted in the gurukul colleges.

**Life skills:** We have given life skills program on the following topics:

1. On 22-6-2019-session –Change that I want to see. This session was conducted primary school children.
2. On 20-7-2019- session-River of Life. This session was Conducted High school children.
3. On 30-8-2019-session-Moolya Mall (Values Shop)This session was conducted for 25 High School children's
4. On 28-9-2019-session.Motivational class for KGBV, Gurukul, High School. This session was conducted for 20 Children's
5. On 13-10-2019-session-Dress Sense, neatness. This session was conducted for 20 High School & Primary Children's
6. On 11-11-2019-session-Trust High School. This session was conducted for 20 members.

Our teacher kalavathi, Vijayalaxmi and Rajeshwari are experts in giving life skill program they also give life skills to college students outside, from other colleges like Narayanamma and St. Frances come to give life skill program to our children.

Bridge course Remedial classes

Computer Class

Life skills



### Extracurricular Activities

### Sports:

L. Manisha 8<sup>th</sup> standard is learning horse riding, continuing the same in the summer and she got certificate of appreciation from Anuradha, E.D, Rainbow homes on 29<sup>th</sup> March 2019 in network annual celebrations.

S. Saraswathi 10<sup>th</sup> standard passed this year with 8.0 grade learns Yoga and got certificate at the district level. She got NCC certificate also.

A.Swarna7<sup>th</sup> class is good in chess and won shieldat state level competitions. We encouraged and senther to coaching.



## Art & Craft:

*Traven* 10<sup>th</sup> passed and is good at paper cutting, learnt to prepare cups, wall hangings, hand bands.

*Parvathi* 7<sup>th</sup> class is good in making greeting cards.

*Radhika* 7<sup>th</sup> class is good in drawing.

Sandhya and rest of her 2 sisters from sister's committee have learnt to do paper cuttings and display them well.

*Devika* 5<sup>th</sup> class is learning drawing. We have encouraged her to draw animals, birds, and flowers and she is showing expertise in it.



*Radhika*, *Devika*, *Suneeta*, *Vasanta*, *Pooja*, *Parvathi*, got talent in dancing and performed at school and District level. Children have participated on 14<sup>th</sup> November children's day cultural event, in *Ravindra Bharathi*, a prominent Governmental platform. On the eve of International Women's day on March 8<sup>th</sup> children went to *Ambedkar Open University* to take part in their cultural Program on their invitation.



**Children's Participation and leadership:** Children are the main force and source of running the home. The home is run by involving in many programs and activities. Children plan home activities during their Balasabha and take lead to conduct program through Committees, Clubs which not only provide organizational abilities to the children and also give leadership skills.



### Celebration and festivals:

The festivals that are celebrated, 1). Christmas 2). Sankranti 14<sup>th</sup> January, 3). The Republic day 26<sup>th</sup> January, 4) Swami Vivekananda Birth day celebrated as national Youth Day- 12 January 5) *Mahashivarathri*, March 4<sup>th</sup> 6). the Holi, 21<sup>st</sup> March 7). Telugu people's new year, Ugadi - April 6<sup>th</sup> , 8). Ambedkar Jayanthi April 14<sup>th</sup>, 9) summer camp closing ceremony 9<sup>th</sup>, May. On religious festivals, we follow the rituals, dress up in the attire and relish the dish of the occasion and explain the mythology of that festivals and the message it gives out.

During national festivals, we follow the procedures like hoisting the national flag or listen to the life history of the national leader and conduct competitions like elocutions, quizzes on their life history and contributions.



**Engagement with families:** A Parents meeting was conducted on 10<sup>th</sup> May. 68 parents have attended making it a 75% attendance. Children's issues with Parents were discussed like issues of Entitlements, child marriage, higher education, and continuation of education, health care of children.

**Older Girls-Futures program:** On February 24<sup>th</sup> meeting on entitlements took place, facilitated by Ms. Anuradha, Executive Director, Rainbow Foundation India that discussed the entitlements for the children, issues related to the entitlements, which is linked to their career and higher education was very eye opening to our children. We often think that when we are suffering with some problem or in trouble, we are the only ones who are suffering but of late realized that we are travelling in the same boat with rest of the children. Of late, we realized that procuring of certificates needs a big advocacy initiative and energies of Young adults also need to be harnessed in this mighty effort. At the end, from each home, three children were selected as leaders and tasked with collecting the data of children, filling in the prescribed form. From our home, they are Supriya, Roja and Sailaja. Several preparatory meetings on this subject were conducted, which we attended and got good idea on this subject.



## Outings

1) On 24.11.2018, 3 girls went to New Delhi on the occasion of All India sports competitions meant for children of Child Care Institutions (CCI) 2) Witnessing movie on 28.12.2018 3). Visit to



10 in Residential Special Training Course. She was enrolled in the

5<sup>th</sup> class. From then she is become active. She has special multiple

talents. She takes care of education for small children, art craft; she prepares material with waste paper. She is selected for the National level competition in this area conducted by Women and Child Development department Government of India. She was selected out of thousand children competing from the state of Telangana. **She passed with 9.5** in Inter second year, B.P.C. She wrote EAMCET, & NEET, pretests for enrollment into medical field at under graduation level.

**Challenges:** **B. Vishwana** 10<sup>th</sup> passed. She gave a lot of trouble to the staff. She has no parents. She many times left without informing us to her relatives. She refused to go to school in 9<sup>th</sup> class. We called her relatives and counseled her. Her parents have a house, so the relatives want her to get marry to their sons and possess the house. After a lot of efforts, the girl passed 10<sup>th</sup>. Now we want enroll her into vocational course.

## Health

### **Emergencies:** **Harika** 11 years old,

developed fits as she was nervous about her family. She has a single mother. She went for holidays; there she did not get proper attention. She got a high fever and was not treated well by her mother. She came back to home. She got fits when she came to home. We admitted her in the Gandhi hospital.



Second day she developed fits and her health condition became serious. The doctors said it's a serious situation, and said she may go into Coma. The doctors were met personally by our team and requested to provide acute care. We bought medicines and gave utmost attention and care. At last we breathed a sigh of relief that She survived.

Now she is fine. Now she is in the 4<sup>th</sup> class. She is still under medication and observation.

## Sannihita Rainbow homes project team

### (a) Staff status -2018-2019

S.NO	NAMES	DESIGNATIONS
1	V.Usha Rani	Project In charge
2	C.Kusuma	Home management Coordinator
3	D.Chaithanya	Home Manger 1
4	B.Chandrakala	Home manger-2 cum teacher
5	S.Kalavathi	Teacher-1
6	K.Venkatalaxmi	Home Mother cum cook
7	K.Swaroopaa	Home Mother-2
8	Prabhakar	Security
10	K.Baby jayee	Accountant cum admin
11	C.Rajeshwari	Social Mobilizer
12	SB.Vijayalxmi	Health Coordinator

### (b) Team trainings

Sannihita Rainbow Home team was trained on various following topics organized by RFI (Rainbow Foundation India)

1. Training for Home mothers on January 6<sup>th</sup> in Bible House home
2. January 17<sup>th</sup> and 18<sup>th</sup> the teachers training by Learning Space organization and attended by Kalavathi and Sravanthi, at Tarnaka on teaching levels, Baseline test etc.
3. February 4<sup>th</sup> the training about teaching methods and Activity Based Learning (ABL) for Rainbow Sathies, by Learning Space organization and attended by our teacher Kalavathi
4. Training on entitlements on February 24<sup>th</sup>, attended by Kusuma and Jyothi
5. February 27<sup>th</sup> and 28<sup>th</sup> training for home mothers at NIMS ME- Yousuf Guda
6. On March 6<sup>th</sup> 2019, there was a training on Child psychology, stress management by Manojagruthi Foundation attended by Kusuma, Kalavathi, Raji, Viaya Lakshmi teacher attended.
7. April 15<sup>th</sup> there was a meeting on Child marriages conducted Ms. Suroor, legal advisor for Rainbow homes. Kusuma Vijaya Lakshmi Teacher attended.
9. April 18<sup>th</sup> there was a meeting on documentation especially on records by Mr. Samad and Babu in state office. Kusuma, Vijaya Lakshmi, Jyothi, and Divya.

### Trainings conducted by Sannihitha Organization:

10. On February 4<sup>th</sup> Sannihitha conducted a training on Leprosy awareness to school teachers and team by Personnel of health department.

11. Life skills to team, on December on 3<sup>rd</sup> December by Prof..Krishnakumari

12. Training on Communal harmony on December 6<sup>th</sup> by Ms. Usha, Sridevi and Krishnakumari.

13. On April 17<sup>th</sup> training on J. J act by Ms.Usha.

### **Programs:**

1. On November 18<sup>th</sup>, we conducted inter home program on book reading, storytelling.

2. January 11<sup>th</sup> Sannihitha conducted a cultural exchange programme with British High Commission at Sannihitha RBH wherein children from all homes attended.

3. January 24<sup>th</sup>, we conducted girl child day in Tukaram gate home and we took out a rally.

4. On March 8<sup>th</sup> children participated in the Cultural program organized by the Ambedkar Open University in their premises.

5. April 12<sup>th</sup>, girl child day was conducted by Sannihitha with a rally and press meet.

6 May 9<sup>th</sup>, we conducted summer camp closing ceremony in prestigious Bhavan's auditorium.

**Visitors:** November 29<sup>th</sup> 2018 Dellite celebrated its impact day. *Radha krishina* sir donated lockers to the children and all children got lockers now.

Government Officials: Municipal officer MR. *Ramulu* visited our home

Jan 17<sup>th</sup> monitoring visit by State office took place.

Monitoring by state team

Visit by Municipal officer

Civil Society: Tukaram gate Mahila Sangam members and TRS (Telangana Rostra Samithi) leaders visited on 1.02. 2019

Volunteers: Pragna team around 40 volunteers, B.Tech students, conducted games, craft classes.

**MassMedia** – Our programs are covered in mass media and also in you tube channel.The covered events are; Jan 11<sup>th</sup>Culturalactivities, Feb 17<sup>th</sup> Sannihita day, March 8th women days, April 12<sup>th</sup> girl child day, 15.9.2019 summer camp.

**\*\*\* THANKYOU DEAR SPONSORS \*\*\*\***

I also thank Partnership Foundation, my Rainbow home team, Ms. Anuradha, and her team Financial Team, State Team, friends, and our Executive Committee members, CPP Members, Social Audit Group members, Community, neighborhood for their help, School teachers, Civil Society individuals, Groups.



**V. Usha Rani**

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